

Checklist to Set Up Learning from Home for Students with Autism, ADHD, ODD, PDA and Neurodiversity

Top Things to Remember

1. Strategies wear out
2. Not every strategy works with every child
3. To know one person with autism is to know one person with autism

- ☐ Quiet and Calm Position to Learn in the Home
- ☐ Writing. Does your child need pencil grips?
- ☐ Organisation of Equipment by Only Using Essentials
- ☐ Quiet Area for Downtime
- ☐ Teacher Assistant / Parent / Carer to Support
- ☐ Use of Schedules / Timers / Timetables
- ☐ Always Carry Notepad and Pen
- ☐ Reading – Have you got good resources?
- ☐ Scheduled Break Times
- ☐ Regular Toilet/Drink Breaks
- ☐ Sensory Tools to Calm and Focus

Add your own notes:
