

Teaching Students With Autism Spectrum

**STRATEGIES & INSIGHTS**  
**TO INFORM YOUR**  
**TEACHING PRACTICE**

**WITH**

*Temple Grandin &*  
*Sue Larkey*

**LESSON 1**



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How Temple Grandin's Lived Experience Will Inform Your Teaching Practice

Lesson 1

Knowing How and When to Extend Your Students on the Spectrum

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1

Extending /Stretching

- Choice Making
- Having a Go

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2

Stretching – Offer Real Choices

“Choice how long went not if she went”

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3

“If I hadn't gone to my Aunts ranch, I wouldn't be in the cattle industry”

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4

I love the way the Mum say's  
“Something is going to set her off”  
and her Aunty says  
“Don't worry”

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5

“Stretching, but not throwing in the deep end of the pool. Just outside their comfort zone”

“Gradually doing new things”

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### How does this inform teaching?

- Expose to a range of activities to find out what they love and what they despise. But you don't know until you try it.
- Her Mother made her do Piano for 6 months – How long give a go?

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### How does this inform teaching? Example of Camp

- Sleep over first
- Include Tip Sheet for Camps & Excursions
- Podcast Episode 19

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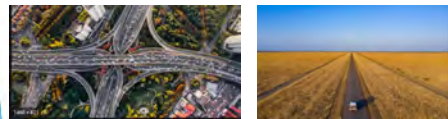
“When choosing to stretch them in something, don't make it where it requires too much multi-tasking”

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### How inform your teaching ?

How can you minimize multitasking with a new task?



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### How inform teaching?

- Small achievable steps. ie Driving= 20 minutes a day.
- Failing is okay. Temple failed her driving test first time. But she still went back to try again
- It is so important students know failing is part of learning.
- It is okay to fail

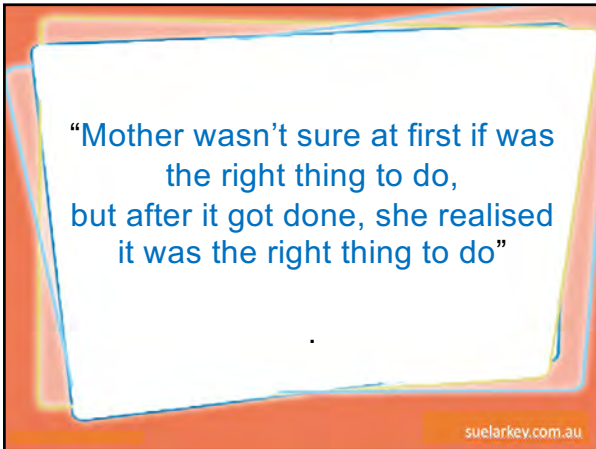
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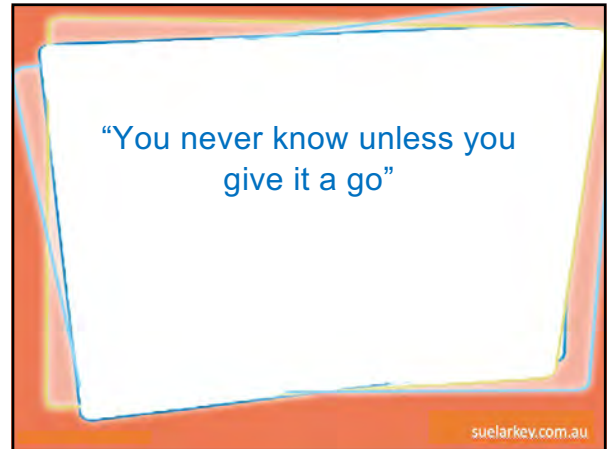
“If I hadn't learnt to drive, that would have limited my career possibilities”

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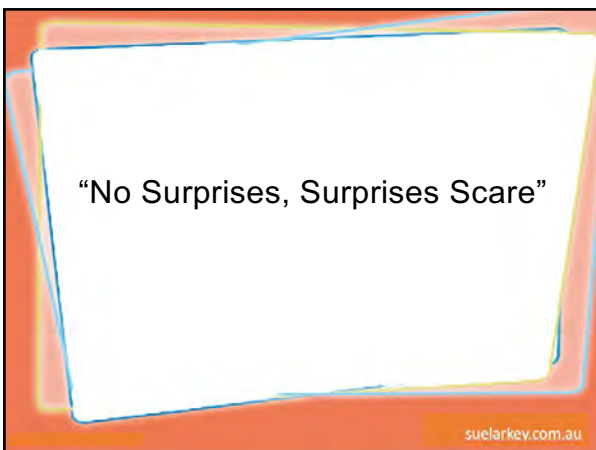
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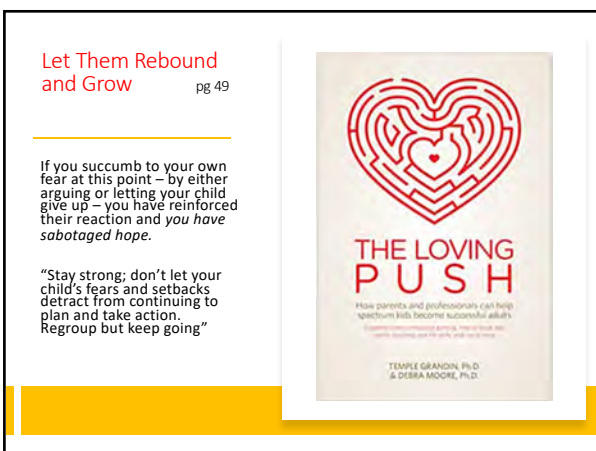
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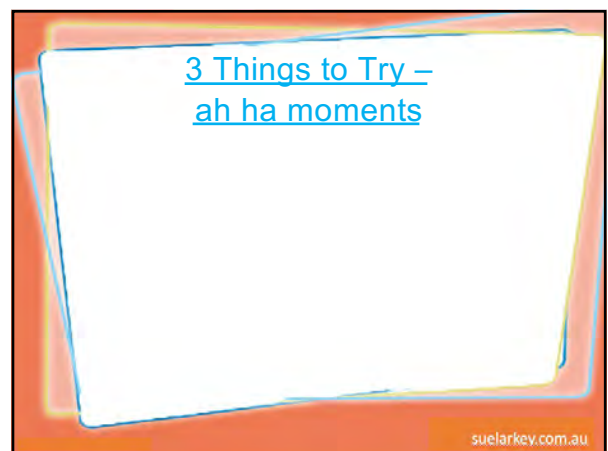
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# Ideas & Insights

## IEP

Supports, Strategies, Adaptions



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# TEACHING STUDENTS WITH AUTISM SPECTRUM

*Strategies & Insights to Inform your Teaching Practice*

WITH TEMPLE GRANDIN AND SUE LARKEY



## PRESENTATION CONTENT

### PRACTICAL TEACHING STRATEGIES

- Strategies to Extend Students with Autism
- Teaching Students to be Independent
- Key Steps to Teaching Persistence
- Teaching Important Social Skills
- Strategies for Relationships
- Teaching Important Life Skills
- Identifying Three Different Ways of Thinking

### POSITIVE BEHAVIOUR SUPPORT

- A Guide to Managing Anxiety & Behaviour
- How to Figure Out causes of Behaviour
- Key Approaches to Avoid Bullying
- Understanding Masking
- What to do in a Meltdown/Shutdown
- Environmental Enrichment
- Using Sensory Tools

### WHO SHOULD COMPLETE?

Teachers, Teacher Assistants, Early Childhood Educators, Parents, family members, care staff, educators, clinicians—anyone wanting to understand more about Autism Spectrum Disorder and how to support children and adults with an ASD.

## AUTISM SPECTRUM ELEARNING

Schools and other Organisations wishing to register groups of staff or for use in Staff Meetings for Professional Development please email [support@suelarkey.com.au](mailto:support@suelarkey.com.au)

Register at [elearning.suelarkey.com.au](http://elearning.suelarkey.com.au)

***Sue Larkey** is a highly qualified special educator who has taught in mainstream and special schools. She is currently working toward a Doctorate of Education focussing on inclusive schooling. She has authored several books and resource materials. Sue is unashamedly passionate about her mission – to inspire parents and educators and teach them how to Make it a Success.*

Dr Temple Grandin is one of the most respected individuals with Autism in the world. She presents at conferences around the world, helping hundreds of thousands of educators and families understand how to teach and engage students on the autism spectrum.

Informed by her lived experience, the latest academic and evidence-based research Temple shares her valuable insights into how to increase a student's engagement and participation in education and beyond.

### *Bonus!*

#### IEP / WORKBOOK

During the course you will learn how to create an Individual Education Program (IEP) for students with Autism Spectrum, which accommodates for their learning style through making reasonable adjustments.

#### This will be achieved by

- Step by Step Lessons to create an individualised programme for your students
- Strategies & Insights from Dr. Temple Grandin's lived experience and evidence-based research
- IEP Workbook Timesaver Document

# ON DEMAND COURSE CONTENT

Strategies & Insights to Inform your Teaching Practice with Temple Grandin & Sue Larkey

Professional Development – Anywhere, Anytime, Any Device



## Knowing How and When to Extend Your Students on the Spectrum *40 min*

- ✔ Critical Importance of Exposing Students to a Range of New Activities
- ✔ Strategies to use when your Students say 'No' to trying New Things
- ✔ Key Methods to Extend using 'real' choices
- ✔ Guide to Manage Anxiety and Behaviour when Extending your Students' Abilities



## Key Steps to Teaching to Work and Achieving Independence *35 min*

- ✔ What Age and Stage to Introduce Skills Building towards Work and Independence
- ✔ Key Steps to Teach Students to be Independent
- ✔ The Key Social Skills are required for Work and How to Teach



## Friendship & Bullying *30 min*

- ✔ The Importance of Talking to Peers about Autism Spectrum
- ✔ Key Approaches to Avoid Bullying
- ✔ Teaching Friendship Skills
- ✔ Different Strategies to Form Relationships



## Increase Learning Outcomes by Reducing Anxiety & Understanding Behaviour *30 min*

- ✔ The Best Thing to do when Students are Completely Overwhelmed
- ✔ How to Figure Out What is Causing Behaviour
- ✔ The Importance of a Mood/Anxiety Diary
- ✔ The Importance of Working Together – Home & School



## Understanding and Teaching Life Skills for students with Autism Spectrum *25 min*

- ✔ Best Way to Teach Practical Life-Long Skills
- ✔ Incorporating 'Real Life' Examples to Teach New Concepts
- ✔ Importance of Delayed Gratification as a Teaching Method



## Sensory Issues as a Barrier to Engagement & Participation *35 min*

- ✔ The Role of Medication and How to Evaluate its Benefits
- ✔ The Impact of the Amygdala on Sensory Processing
- ✔ The Importance of Exercise and its Impact on Sleep
- ✔ Environmental Enrichment and How it can make a Significant Difference to Sensory Processing



## Teaching Flexible Thinking *35 min*

- ✔ Incorporating Interesting Projects to Increase Engagement
- ✔ Practical Activities to Teach Resilience
- ✔ Teaching Flexible Thinking as Part of Social Skills



## Impact of Working Memory on Learning & Strategies to Address Impact *20 min*

- ✔ What is Working Memory?
- ✔ The Key Approach to Accommodate Working Memory Challenges
- ✔ Importance of 'chunking' to support students learning
- ✔ A Range of Different Strategies to Support Reading



## Different Types of Thinking & Learning *35 min*

- ✔ 3 Different Ways of Thinking
- ✔ Steps to Identify Different Types of Thinking
- ✔ Methods to Accommodate Different Types of Thinking
- ✔ Strength Based Teaching Strategies

**Bonus Lesson!**

**12 Top Tips for Parents & Carers**

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# TEMPLE GRANDIN

## — RESOURCES —

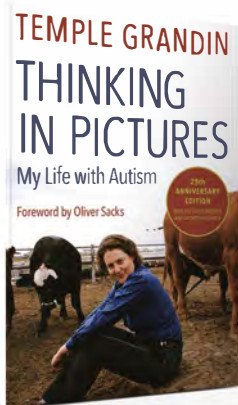
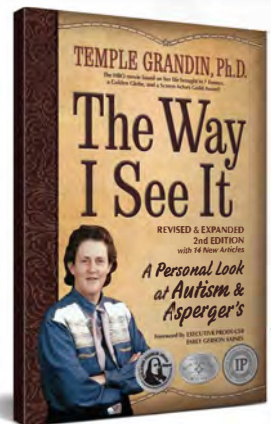


### TEMPLE GRANDIN DVD

An accurate portrayal of Temple Grandin's life which chronicles Temple's early diagnosis; her turbulent growth and development during her school years, and illustrates through mentoring and sheer will how a young autistic woman succeeds against the odds.

### THE WAY I SEE IT (2ND EDITION)

Temple offers helpful do's and don'ts, practical strategies, and try-it-now tips, all based on her "insider" perspective and a great deal of research.

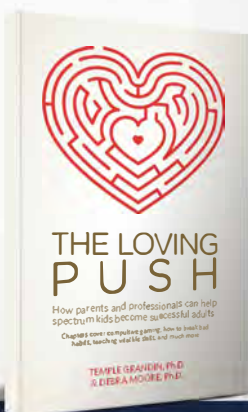
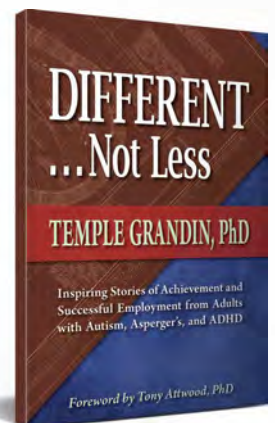


### THINKING IN PICTURES

Here, in Temple Grandin's own words, is the story of what it is like to live with autism, to be among the few people who have broken through many of the neurological impairments associated with autism.

### DIFFERENT NOT LESS

In these pages, Temple presents the personal success stories of fourteen unique individuals that illustrate the extraordinary potential of those on the autism spectrum.



### THE LOVING PUSH

Dr Temple Grandin joins psychologist and autism specialist Dr Debra Moore in spelling out what steps you can take to restore your child's hope and motivation, and what you must avoid.